

## NEBDN Fluoride Application for Dental Nurses



National  
Examining  
Board for  
Dental Nurses  
Accredited Course Provider

### Course content

- Roles and responsibilities in the application of fluoride
- Guidelines on the practice of fluoride application
- Oral health promotion, including communication skills
- Caries including the presentation and aetiology along with prevalence
- Oral conditions and contraindications to fluoride application
- History of fluoride including theories and evidence
- Patient assessment, clinical methods of recording and equipment needed
- Patient management including fear, anxiety and non-clinical issues
- Health and safety
- Infection control
- Medical emergencies
- Legal and ethics
- Requirements of dental nurses applying fluoride varnish and providing oral health advice
- Scope of practice and CPD requirements including PDP and clinical governance
- Evidence based practice and the relevance of outside bodies
- Clinical records including the retrieval and utilisation of data recorded in clinical systems & confidentiality

The course also incorporates the Record of Competence (RoC), which is now a mandatory part of the syllabus and evidence of completion must be submitted to the NEBDN by the tutor before a place to sit the exam will be permitted.

### The RoC consists of 3 parts

#### Part A: 12 PCAS – Fluoride Application

Range:

Child 3-10 years

Young person 11 - 15 years

Adult 16 years and over

Requirements:

3 patients from each range & a further 3 patients from any range

#### Part B: 3 PCAS - Delivering Oral Health

Child 3 – 10 years

Young person 11 – 15 years

Adult 16 years and over

1 patient from each range

#### Part C: Supplementary Outcomes

Provide a copy of BLS certificate including choking and AED Completed - Management of Anaphylaxis

Complete - Delivering better oral health

Complete - Patient Information / Pre & Post Op Instructions Complete - Equipment required for fluoride application

Complete - Reflective practice

Complete - Log of CPD

The examination will be held in Reading, Berkshire or Manchester however it may be changed to online TBC.

The content is still to be confirmed but is expected to consist of 30 best single answer from 5 option multiple choice questions (MCQ).

Full information on the exam is contained within the NEBDN prospectus, which is obtainable from the NEBDN.